



Reminders

- Dress your child in comfortable clothes that can (and will) get messy. Also, no sandals please.
- Make sure your child has a complete change of clothes at school each day.
- No nuts or peanut butter in snacks!
- Please send lunches that your child can manage independently. We are not able to heat lunches or cut up foods.
- Be prompt when dropping off and picking up your child.
- Sign your child in and out each day.
- Check your green communication folder daily.



Health Reminders



We can all do our part to prevent the spread of colds, flu, and other illnesses. The preschool is diligent about disinfecting the classrooms, toys, etc. We are also teaching the children about effective hand-washing, covering coughs and sneezes with elbows, and avoiding touching our faces as much as possible. As Parents, you can help by reinforcing these practices at home. The most important thing you can do is to adhere to our health policies.

A child should not attend school if he/she:

- Shows signs of a fresh cold;
- Has a temperature of 99 degrees or more **within the past 24 hours**;
- Has sore or discharging eyes;
- Has had upset stomach, vomiting, or diarrhea **within the past 24 hours**;
- Has any contagious disease (please notify the Director);
- Shows signs of fatigue (this can even be due to medications)
- Does not feel well enough to participate in all preschool activities

If your child has been diagnosed with a communicable disease, please notify the preschool office as soon as possible so that we can notify the other parents. The child must have documentation (written and signed by a health-care professional) indicating that the child is no longer contagious in order to be admitted back into school.

Parents should inform the preschool office by telephone if the child will be absent from school.

Please turn in Paperwork



Please make sure that the following items have been turned in to the preschool office.

- Handbook Signature Page
- Completed health forms / immunization records

Contact Information

If your contact information has changed recently, please make sure we have your updated information on file in the office. It is very important that we have current phone numbers, email address, and emergency contact information.